

# COMBINED HARVEST APPEAL



## HELP SUPPORT YOUR FOODBANK WITH FOOD AND FUNDS THIS HARVEST!

Foodbanks rely on donations of both food and money to help them provide support to people facing crisis within the local community. Without your goodwill, foodbanks would really struggle to operate and that's why your support is needed more than ever this Harvest.



**TO GET INVOLVED PLEASE PICK UP A SHOPPING LIST OR CONTACT US AT THE FOODBANK**



## HOW A TRUSSELL TRUST FOODBANK WORKS

### STEP 1 FOOD IS DONATED

Non-perishable food is donated by schools, churches, businesses and individuals.



### STEP 2 FOOD IS SORTED AND STORED

Volunteers sort food to check that it's in date and store it, ready to be given to people in need when they visit the foodbank.



### STEP 3 PROFESSIONALS IDENTIFY PEOPLE IN NEED

Foodbanks partner with a wide range of care professionals such as doctors, health visitors, social workers and police to identify people in crisis and issue them with a foodbank voucher.



### STEP 4 CLIENTS RECEIVE FOOD AND FURTHER SUPPORT

Clients bring their voucher to a foodbank centre where it can be redeemed for three-days' emergency food. Volunteers take the time to listen to clients over a warm drink and signpost people to agencies able to help solve the longer-term problem.



Epping Forest Foodbank  
[eppingforest.foodbank.org.uk](http://eppingforest.foodbank.org.uk)

A Project of Above+Beyond Registered Charity in England & Wales  
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