

CHRISTMAS APPEAL



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HELP BY DONATING AN ITEM OR TWO FROM OUR SHOPPING LIST TO ENSURE WE CAN PROVIDE FOOD TO PEOPLE IN CRISIS

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SHOPPING LIST TOP TEN ITEMS

1. Mince pies
2. Tinned ham
3. Christmas pudding
4. Biscuits sweet and savoury
5. Christmas cake
6. Yule log
7. Box of chocolates
8. Custard
9. Christmas crackers
10. Crisps

Don't forget...

You can help transform more lives with a financial donation too.

 EppingForestFoodbank

 @EppingForestFB

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