

CHRISTMAS APPEAL!



This year's Christmas Appeal is going fantastically so far! We're collecting festive food donations to make up Christmas goody bags to distribute alongside emergency food parcels. So far we've given out **62** bags and another **40+** bags are required.

The bags have been given out to households who would not ordinarily been able to afford Christmas food, The bags include mince pies, boxes of chocolates, Christmas pudding etc. If you can contribute, please consider donating an item or two from the shopping list, which is available **on the third page**. Monetary donations are more than welcome, please click the donate button on our website.

Donations can be made on Wednesdays and Fridays 10am-12noon at Unit D8, Loughton Seedbed Centre.

We're so grateful for all the generous Christmas donations received so far from the community. Thank you to all individual donors, churches, schools and groups for helping us to spread the Christmas joy. Thank you to **Epping Upper Clapton RFC**, **Epping Youth FC** and **Epping Netball Club** who partnered to collect donations, and to **Davenant Foundation School** and **Roding Valley High School**.

Epping Tesco Food Collection

The annual Tesco Food Collection took place on the 29th November-1st December across the country for Trussell Trust foodbanks. This year we were again grateful for the support of the **Rotary Club**. The collection was a huge success and thanks to the amazing generosity of Epping Tesco customers and the hard work of 50 volunteers, we collected **997.4kg** of food and **£343**. Thank you to Tesco, who are topping up customers' donations by 20%.



Abseiling Fundraiser

Thank you very much to the **Clear Architects** team. In October they took on the challenge of abseiling down the **ArcelorMittal Orbit**, the UK's highest sculpture! It was a tall order, but they successfully completed it, raising an amazing **£555** for the foodbank!



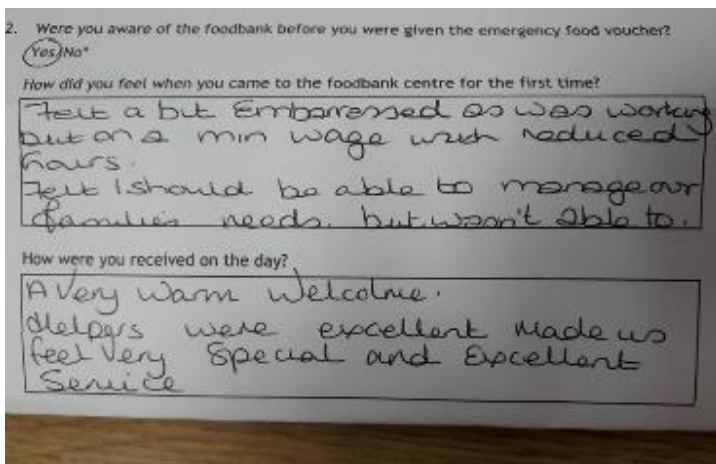
Epping Forest Recycling Rewards Awards

In October we attended Epping Forest District's Recycling Rewards Awards. The council partnered with Local Green Points to encourage residents to recycle more. Residents earned recycling rewards of vouchers, and votes for local charities which donations were split between. Epping Forest Foodbank came in **2nd place** and received a **£550** donation. Thank you to all who made this happen by voting for the foodbank.



How We Help

There are many reasons why people find themselves in situations where they need to turn to the foodbank for help. One client wrote about their employment situation and their experience coming to the foodbank, see below.

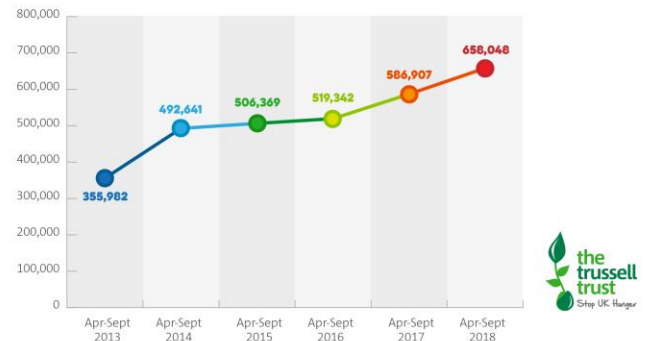


The Trussell Trust's Mid-Year Statistics

The Trussell Trust recently published statistics for April-September 2018. These statistics show that **658,048 emergency food supplies** were given by Trussell Trust foodbanks during this six-month period. This is a **13% increase** compared to emergency food supplies given during the same period in 2017.

The Trussell Trust state that the top four reasons for referral to foodbanks during this period were: 'low income – benefits, not earning', 'benefit delay', 'benefit change' and 'debt'.

NUMBER OF THREE-DAY EMERGENCY FOOD SUPPLIES GIVEN BY TRUSSELL TRUST FOODBANKS



An increase in emergency supplies given is also reflected on a local level by Epping Forest Foodbank's statistics, where there has been a huge **42% increase**. **562 emergency supplies** were given by EFFB during this time and the numbers are likely to increase further over the coming months as we enter what is usually the foodbank's busiest time of year.

Apr-Sep 2018

562 emergency supplies have been distributed by EFFB.

42% increase in number of emergency food parcels distributed compared to the same period in 2017.

Mid-year Statistics

UPCOMING DATES FOR THE DIARY!

Christmas Closing Times:
Closed 25th and 26th December,
1st January 2019.

URGENTLY REQUIRED ITEMS:

- Sponge Pudding
- Instant mash
- Coffee
- Toilet Roll
- Biscuits



No Thanks, we have plenty:

- Baked Beans
- Cereal

It currently costs £1500 a month to store and distribute donations. We rely on voluntary income to keep our Foodbank operating. Every donation we receive helps us continue to be there for people in crisis.

If you wish to give directly online into the Epping Forest Foodbank account, the details are:

EPPING FOREST FOODBANK

Sort Code: 20-47-34

Account: 63451208

Gift Aid forms available on our website.

Follow us  

Facebook and Twitter
@EppingForestFB

Contact us

Unit-D8, The Seedbed Centre
Langston Road, Loughton IG10 3TQ
07402 032 313

info@eppingforest.foodbank.org.uk
eppingforest.foodbank.org.uk

Epping Forest Foodbank is a project of
Beyond Ourselves. Registered Charity in England & Wales
(1165654)

Community Support Employment Officer at Foodbank Sessions



Seoni, Community Support Employment Officer for Epping Forest District Council has been attending The Box, Epping foodbank sessions since November.

"I have been welcomed in by the Food Bank. I have been meeting new customers to work with. One customer was struggling to find work. We applied for 4 jobs which gave her confidence about her future.

"She also expressed the feeling of isolation so I informed her of locally run community activities which she was very keen to attend.

The Food Bank's interest in my role allowed me to offer my support to those members of society that may have been missed otherwise. I hope to continue to work with the Food Bank to assist anyone who may need it."

We are pleased to confirm that Seoni will continue with us ongoing.

New Year Opportunities

Epping Forest Foodbank will become its own charity in early 2019, remaining as a foodbank in the Trussell Trust network. There are currently several exciting volunteer roles available. Volunteering is a great way to develop skills whilst helping your local community and meeting new people. Whether you are able to volunteer on a regular basis, or every once in a while, there's something for everyone.

Available roles:

- Volunteer Coordinator
- Fundraiser
- Saturday Foodbank Centre Volunteers
- Administrator Volunteer
- Voucher/Referral Agency Coordinator

If you are interested, please get in touch with us via our website.

£150 was found on Epping High Street and handed in to the police station. When the money had not been claimed by the owner after 28 days, those who had found it kindly decided to donate the money to Epping Forest Foodbank. Thank you!



Mondays: 3:30-5pm
The Box
St John's Road
Epping
Essex CM16 5DN

Wednesdays: 10-12noon
Hope Centre, St Mary's Church
201 High Road
Loughton
Essex IG10 1BB

Saturdays: 10:30-12noon
Debden Library
Epping Forest College
Borders Lane, Loughton
Essex IG10 3SA