







LYCHEE AND LIME SORBET

Ingredients 2 tins of lychees in syrup 50g caster sugar 1 egg white 1 lime, zested and juiced







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Recipe

1 | Drain the syrup from two tins of lychees into a saucepan.
2 | Add the sugar and dissolve over a gentle heat. Boil for 1 min.
3 | Blend the lychees in a blender until finely.
4 | Pour in the lime juice and syrup into the blender whilst it is on.
5 | Tip into container and freeze for at least 6 hrs until solid.
6 | Broak up the freezen mix then return to the product of the product of the state.

6 | Break up the frozen mix, then return to the blender.

7 | Tip in the egg white and whizz until thick, pale and smooth. Add zest of the lime.
8 | Put back into the freezer for at least 1 hour

before serving.







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Cost
Lychees - £2.38
Caster sugar - 44p
Egg - 8p
Lime - 30p







TOTAL - £3.92