







Epping Forest Foodbank is a Registered Charity in England & Wales (1182270)

CARAMEL & PEAR BLONDIES

Ingredients 100g butter 200g demerara sugar

- 4 tbsp salted caramel
- 2 eggs, beaten
- 1 tin of pear quarters, cut into chunks100g white chocolate, cut into chunks200g self-raising flour







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Recipe

- 1 | Heat the oven to 180C.
- 2 | Line a 22cm square baking tray with baking paper.
- 3 | Melt the butter in a saucepan, heat until the butter turns golden brown.
- 4 | Add the sugar and caramel, and heat gently for a minute.
- 5 | Cool to luke-warm, then mix in the eggs, pears and chocolate.
- 6 | Put the flour in a bowl and gradually stir in the caramel mix.Pour into the tin.
- 7 | Bake for 25 mins until risen and golden.
- 8 Leave to cool then serve.







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Cost

Butter - £1.14 Sugar - 40p Eggs - 16p Caramel - 90p Pears - 80p Chocolate - 53p Flour - 6p

TOTAL - £3.99

PRICES CORRECT AT THE TIME OF PUBLICATION - JUNE 2019





