



MUFFIN MUCH PIZZAS

SERVES 2



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Ingredients

- 2 English muffin, cut in half
- 2 tsp tomato pasta sauce
- 10g tinned mushrooms, diced
- 20g tinned spinach
- 15g black olives, sliced
- 4 tbsp grated cheese (optional)



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Recipe

- 1 | Preheat oven to 220c.
- 2 | Cover each muffin half with 1/2 tsp of pasta sauce.
- 3 | Add on the spinach, mushrooms, cheese (if using) and olives to the muffin.
- 4 | Place on a baking tray and bake for 8 minutes or until the muffin is toasted.



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Cost

- Muffin - 30p
- Tomato sauce - 3p
- Mushrooms - 4p
- Spinach - 4p
- Black olives - 7p
- Cheese - 54p

TOTAL - £1.02

