

Epping
Forest

foodbank



**EGGY HOT
DOG RICE**

SERVES 2



EGGY HOT DOG RICE

Ingredients

- ½ tin of hot dogs, drained
- 4 spring onions, finely sliced
- 1 small tin of peas
- 150g rice
- 2 eggs
- 1 tbs oil
- Dash of soy sauce (optional)



EGGY HOT DOG RICE

Recipe

- 1 | Cook the rice according to packet instructions, allow to cool.
- 2 | In a wok, heat up the oil and fry the hot dogs.
- 3 | Add the spring onions and peas, stir together.
- 4 | Mix in the rice and stir until everything is hot. Add in the eggs and continue mixing until the eggs are cooked
- 5 | Serve with soy sauce if using.



EGGY HOT DOG RICE

Cost

Hot Dogs - 25p

Spring Onions - 23p

Peas - 30p

Rice - 6p

Eggs - 28p

Oil - 2p

TOTAL - £1.14

