

Harvest 2022



Epping Forest Foodbank

eppingforest.foodbank.org.uk/give-help/harvest/

Registered Charity in England & Wales (1182270)

Support Epping Forest Foodbank This Harvest



Would you, your school, workplace, place of worship, community group or neighbourhood like to support Epping Forest Foodbank to provide nutritionally balanced food parcels for people in crisis in our district?

During July and August, 21 local schools made referrals for Food In School Holidays assistance for their families. 9,900 meals were delivered to 104

families, with 259 children and 157 adults benefiting from these food parcels. This is in addition to over 300 referrals for households over July and August. That is over 12,690 meals and our shelves need replenishing so we can continue this valued service.



Epping Forest Foodbank

eppingforest.foodbank.org.uk/give-help/harvest/

Registered Charity in England & Wales (1182270)

How you can support us

There are lots of ways your group can support our work. Some ideas include;

- Hosting a food collection & delivering it to our warehouse at 38c Chigwell Lane, Oakwood Hill Industrial Estate, Debden, IG10 3NY
- Collecting money or raising funds. You can donate the funds raised directly via our website or use the money to buy items from our shopping list found on our website. You could even make a commitment to give regular financial support.
- If you are over 18, you can volunteer your time. Our foodbank centres in Loughton, Debden, Epping and Ongar are open for people to collect their food parcels on a weekly basis. Lots of our recipients are isolated, vulnerable or do not have transport to collect so many of our referrals are delivered. To become part of our valued team apply via our website.



The food bank can provide a speaker for an assembly or meeting, in person or via video call. We would love to hear about what you would like to learn about what Epping Forest Foodbank does, how and why we do it.

Epping Forest Foodbank

eppingforest.foodbank.org.uk/give-help/harvest/

Registered Charity in England & Wales (1182270)

Why is Harvest important?

Harvest is an important time of year for food banks. We're thankful that many churches and schools mark this season by collecting non-perishable food to help food banks in our network support people in crisis, as part of this celebration of God's provision and goodness.



We know that this year things are a bit different, with many churches meeting online, and all of us need to put in place measures to limit the spread of coronavirus and keep one another safe.

But we'd love you to consider whether your church or school can safely run a food collection to help keep food banks stocked so



that they can support people in greatest need in our communities, as we move into a period where we expect to see exceptionally high levels of need.

On our Harvest page on our website are some resources to help you organise a food collection, including practical guidance, a prayer guide, and resources for a primary school assembly or class Harvest service.

Epping Forest Foodbank

eppingforest.foodbank.org.uk/give-help/harvest/

Registered Charity in England & Wales (1182270)