

# 40 PENCE FOR 40 DAYS

#40for40



By giving up **40 pence a day** for the **40 days of Lent** you can raise enough to help support **a local family in crisis this Easter.**

*All you have to do is find an old jam jar, or similar container and start collecting!  
Then bank the contents and send a cheque together with this form to:*

Epping Forest Foodbank c/o St Mary's Church, 201 High Road,  
Loughton, IG10 1BB

*Cheques made payable to: Epping Forest Foodbank*



Alternatively, you can donate online at:  
[eppingforest.foodbank.org.uk/donate-money](http://eppingforest.foodbank.org.uk/donate-money)

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# GIFT AID FORM



By signing the form below we'll receive an extra 25p for every £1 you give at no extra cost to you. Thank you!

Mr/Mrs/Miss	Name:
Address:	
	Post Code:
Email:	Phone:

*giftaid it*

Boost your donation by 25p of Gift Aid for every £1 you donate.

I want to Gift Aid my donation and any donations I make in the future or have made in the past four years. I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in that tax year it is my responsibility to pay any difference.

Date: \_\_\_\_\_

## Data protection

Epping Forest Foodbank is committed to protecting your privacy and will process your personal data in accordance with the Data Protection Act 1998. We collect information to keep in touch with you and supply you with information relating to our work. We will never sell or pass your details to anyone who isn't directly working on our behalf.

Registered Charity (1165654) Company number: 09666871 (England and Wales)

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